

**Legislation on the Safety of
Processes and Products**

**Legislation on Information to
the Consumer (e.g. labelling)**

**Legislation on Nutrition and
Health Claims**

✓ **Regulation (EU) No 178/2002 - General Principles and Requirements of Food law**

→ Lays down procedures in matters of food safety

✓ **Good Hygiene and Manufacturing Practices (GHP, GMP)**

✓ **Principles for 'Harzard Analysis Critical Control Points' (HACCP)**



✓ **Other hygiene rules such as:**

→ **Regulation (EC) No 852/2004** - hygiene of foodstuffs

→ **Regulation (EC) No 853/2004** - specific hygiene rules for food of animal origin

→ **Commission Regulation (EC) No 2073/2005** - microbiological criteria for foodstuffs as amended by Regulation (EC) No 1441/2007

→ **Directive 2004/41/EC** - repealing certain Directives concerning food hygiene and health conditions for the production [...]



Regulation (EU) No 1169/2011



Regulation (EU) No 1169/2011 (updated) – Food Information to Consumers

- Updates into force from 13th of December 2014
- High level of health protection for consumers and to guarantee their right to information

Regulation (EC) No 1331- 4/2008 – Food Additives, Enzymes, Flavourings

- List of additives approved for use as food additives, food enzymes, food flavourings

Regulation (EC) No 1331-4/2008



What happens if a *new* product should be placed on the market?

Regulation (EC) No 258/97 - Novel Food and Food Ingredients

→ Foods and food ingredients which are not yet currently used for human consumption

Products, to which has been applied a
production process not currently used



where that process gives rise to
**significant changes in the composition or
structure of the foods or food ingredients**



**which affect their nutritional value,
metabolism or level of undesirable substances.**

→ For marketing a novel food or ingredient → application to an EU country authority for authorization (incl. scientific information and safety assessment report).

What to consider if a nutrition or health claim should be applied?

Regulation (EC) No 1924/2006 – Nutrition and Health Claims on Foods

→ Harmonizes rules for the use of nutrition claims such as

“reduced in ...”

“low fat” etc.



Commission Regulation (EU) No 432/2012 – Permitted Health Claims on Foods

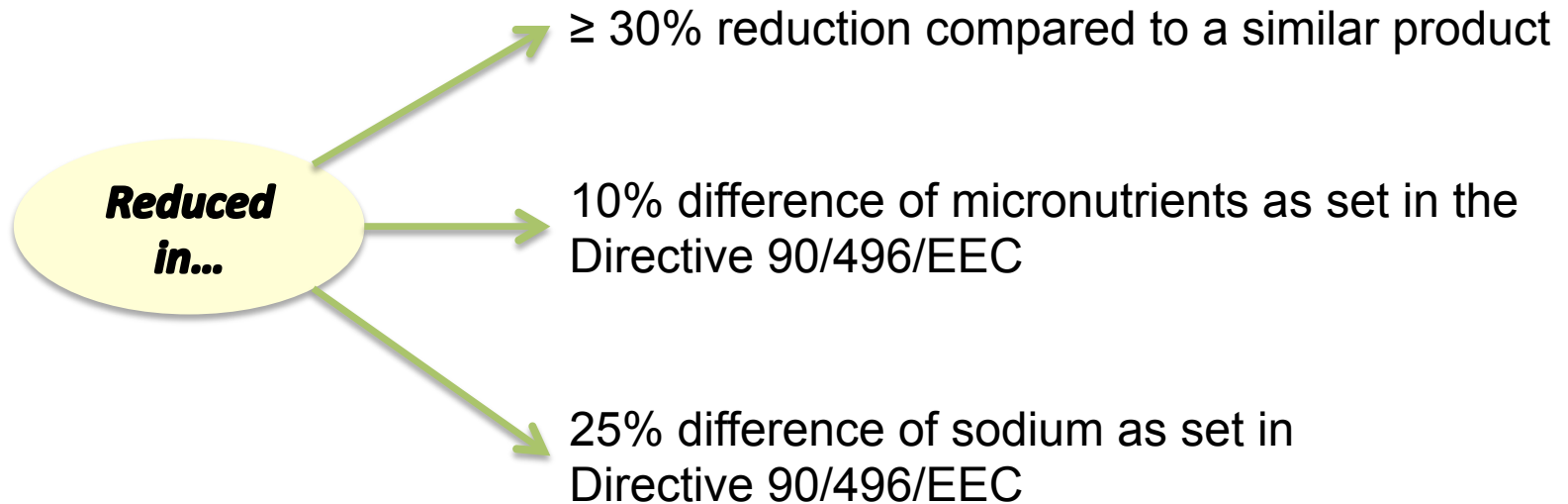
→ List of Health Claims

→ The list of permitted claims includes the wording of the claims and specific conditions of its use

What means “reduced in” etc.?

Regulation (EC) No 1924/2006

Reduced content of one or more nutrients if:



Regulation (EC) No 1924/2006

Commission Regulation (EU) No 432/2012



Low Fat

< 3 g of fat per 100 g for solids

Low Saturated Fat

< 1,5 g per per 100 g for solids
(sum of saturated & trans-fatty acids)

sum of saturated & trans-fatty acids must not provide
> 10% of energy

Health Claim:

Reducing consumption of saturated fat contributes to the maintenance of normal blood cholesterol levels.

Regulation (EC) No 1924/2006

Commission Regulation (EU) No 432/2012



**Low
Sodium
Salt**

< 0,12 g of sodium (equ. salt) per 100 g or
per 100 ml

Health Claim:

**Reducing consumption of sodium contributes to the
maintenance of normal blood pressure.**

**Very Low
Sodium
Salt**

< 0,04 g of sodium (equ. salt) per 100 g or
per 100 ml

Regulation (EC) No 1924/2006

Commission Regulation (EU) No 432/2012

**Low
Sugars**

< 5 g of sugars per 100 g for solids

< 2,5 g of sugars per 100 ml for liquids

**With No
Added Sugars**

No added mono- or disaccharides or any other food used for its sweetening properties

**Contains naturally
occurring sugars**

sugars are naturally present in the food

**Sugar
replacers**Health Claim:

Consumption of foods/ drinks containing erythritol instead of sugar (*) induces a lower blood glucose rise after their consumption compared to sugar- containing foods/drinks.

Please note:

From 13 December 2016, the new version of [Regulation \(EU\) No 1169/2011](#) will make nutrition labelling obligatory, whether or not the foodstuff carries nutrition or health claims.

This includes: the **energy value**; and
the **amounts of fats, carbohydrates, sugars, proteins and salt**

Thank you very much for your attention!

For more information find us on



www.pleasure-fp7.com



Contacts:

Coordinator: Matthias Kück (Biozoon), info@biozoon.de